 MALANKARA SYRIAN ORTHODOX  
SUNDAY SCHOOL ASSOCIATION OF NORTH AMERICA

Annual Sunday School Exam  
Class X

December 5th 2010

<table>
<thead>
<tr>
<th>Name of the Student</th>
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<tr>
<td>Age of the Student</td>
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<td>Name of Your Home</td>
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*** Instructions will be provided by the proctor, please pay close attention. The Sunday School Board values your opinion and requests that once you complete the exam you provide your feedback on the survey that will be passed out by the proctor.***
Malankara Syrian Orthodox Sunday School Association  
Of North America  

2010 CLASS X FINAL EXAMINATION  
10 Stonehurst Court,  
Pomona, NY 10970  

Total: 100 Points  

There are 6 Sections to this Exam which are listed below with the number of questions in each as well as the points.  

<table>
<thead>
<tr>
<th>Section</th>
<th>Question Type</th>
<th># of Questions</th>
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<tr>
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<tr>
<td>B</td>
<td>True/False</td>
<td>15</td>
<td>1</td>
<td>15</td>
</tr>
<tr>
<td>C</td>
<td>Matching</td>
<td>5</td>
<td>2</td>
<td>10</td>
</tr>
<tr>
<td>D</td>
<td>Short Answer</td>
<td>5</td>
<td>3</td>
<td>15</td>
</tr>
<tr>
<td>E</td>
<td>Prayer</td>
<td>1</td>
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<td>F</td>
<td>Essay</td>
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## PART A

**MULTIPLE CHOICE:** Please circle the option that best answers the question.

<table>
<thead>
<tr>
<th>Question Type</th>
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<td>20</td>
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<td>40</td>
</tr>
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</table>

1. The term Immanuel means:
   a. "Born to release the world from bondage"
   b. "God (is) with us"
   c. "Sacrificed in place of us"
   d. "Born in the line of Kings"

   *Lesson 15 page 58*

2. The first capital city of David and the place that Abraham entertained the angels in the shade of an oak tree
   a. Kidron
   b. Hebron
   c. Bethany
   d. Galilee

   *Lesson 5 page 26*

3. The Jewish feast to remember the incident when God gave the Ten Commandments to Moses at Mount Sinai
   a. Feast of Sabbath
   b. Harvest Feast
   c. Feast of the Trumpets
   d. Repentance Feast

   *Lesson 13 page 50*

4. It is written that there was darkness between the 6th and 9th hours when our lord Jesus Christ was crucified. What was the time of darkness based on the Jewish time?
   a. 1PM – 4PM
   b. 12PM – 3PM
   c. 2PM – 5PM
   d. 11AM – 2PM

   *Lesson 8 page 36*

5. The person that prophesized Jesus Christ would be pierced in the chest and that blood and water would flow from the wound?
   a. Jeremiah
   b. Zechariah
   c. Isaiah
   d. Daniel

   *Lesson 16 page 60-61*

6. We are granted the right to be God’s children through
   a. Holy Qurbana
   b. Holy Priesthood
   c. Holy Confession
   d. Holy Baptism
Lesson 19 page 66

7. The largest protestant church in the world is
   a. Methodist  b. Presbyterian
   c. Baptist  d. Congregational Church

Lesson 28 page 95

8. The agreement between Pope Pius XI and the Italian Prime Minister Benito Mussolini that established the Pope as the head of the independent Vatican country?
   b. Lateran Agreement  d. Edict of Milan

Lesson 25 page 86

9. St. Peter established the most ancient apostolic throne at
   a. Rome  c. Antioch
   b. Alexandria  d. London

Lesson 34 page 111

10. The Jewish people used ________ as the religious book for daily prayers.
    a. Song of Solomon  c. Psalms
    b. Leviticus  d. Deuteronomy

Lesson 8 page 33

11. The leader of the Anglican Church is
    a. The Pope  c. The Canterbury Archbishop
    b. The Constantinople Patriarch  d. Archbishop of Netherlands

Lesson 27 page 92

12. Which of the following is NOT a sign of Jesus’ second coming?
    a. The stars will fall from Heaven  
    b. The sun will grow brighter
    c. The moon will no longer shine
    d. There will be bloodshed, fire, and clouds of smoke

Lesson 17 page 62

13. In the faith and tradition, which church remains close to our church?
    a. Protestant  b. Catholic
    c. Anglican  d. CSI

Lesson 23 page 77

14. Who started the Coptic Church?
    a. John Knox  b. Paul, the apostle

Lesson 35 page 115
15. The _________ church is the largest of the oriental orthodox churches.
   a. Syrian  
   b. Ethiopian  
   c. Coptic  
   d. Armenian  
   Lesson 37 page 125

16. The Dead Sea Scrolls were found by:
   a. Jacob Burdhana  
   b. Mor Cyril of Alexandria  
   c. St. Ignatious Elias III  
   d. Yeshu Mor Athnasius  
   Lesson 6 page 27

17. We believe sins against the Holy Spirit are very serious and difficult to be forgiven. Which of the following is NOT a sin against the Holy Spirit NOT?
   a. Test the Holy Spirit  
   b. Make the Holy Spirit Sad  
   c. Repentful Spirit  
   d. Speak evil things against the Holy Spirit  
   Lesson 21 page 72

18. The central point of Old Testament spirituality is
   a. Experiencing God and metamorphosis of man  
   b. Tithes and resisa  
   c. Participating in the mystery of incarnation  
   d. Prayer & good deeds  
   Lesson 30 page 101

19. Which of the following is NOT an object in the Holy Place of the temple of God?
   a. The altar of incense  
   b. The Holy Liturgy Stand  
   c. Holy of Holies  
   d. Table to keep the Show Bread  
   Lesson 9 page 39

20. Jesus was crucified during the reign of:
   a. Emperor Augustus Octavious  
   b. Emperor Tiberius  
   c. Emperor Nero  
   d. King Agrippa  
   Lesson 4 page 21

PART B

TRUE/FALSE: Please circle whether the statement is true or false.

Question Type: # of Questions: Points: SECTION TOTAL:
True/False 15 1 15

21. Only the Father and Son know the time of the second coming of Jesus.
(a) True  
(b) False
22. All oriental Orthodox churches use sour/leavened bread for Qurbana except the Armenian Church.
   (a) True
   (b) False

23. The church believes we are born without sin.
   (a) True
   (b) False

24. Mount Carmel is where Prophet Elijah challenged the prophets of Baal and fire from heaven came and burnt Elijah’s offering.
   (a) True
   (b) False

25. The Oriental Orthodox Church believes that the divine nature and human nature of Christ are separate.
   (a) True
   (b) False

26. Eastern churches see the Holy Sacraments as the medium towards salvation. By participating and receiving the Holy Sacraments, each person is transformed into an inseparable part of the spirituality and salvation that Jesus Christ defined.
   (a) True
   (b) False

27. The Syrian Orthodox believe that the Holy Spirit comes from the father and the Son
   (a) True
   (b) False

28. During the feast of Purim the story of Esther would be read and Mordecai would be praised.
   (a) True
   (b) False

29. In Jewish families as per the "right of the first born" the eldest son has
rights to one-third of the father's property.
(a) True
(b) False
Lesson 7 page 30

30. Divine intervention that is beyond human intelligence is the western spiritual theory
(a) True
(b) False
Lesson 32 page 104 - 105

31. Psalms 51 and Psalms 63 are included as part of the Morning Prayer
(a) True
(b) False
Lesson 1 page 5

32. Sadducees believed that life does not end with death, the soul is forever and that there is resurrection after death.
(a) True
(b) False
Lesson 8 page 34

33. Samuel ordained the first judge
(a) True
(b) False
Lesson 2 page 16

34. The site of the old Jerusalem temple is currently occupied by a Mosque
(a) True
(b) False
Lesson 10 page 42

35. The seventh year (Sabbath year) for the Jews is called the Freedom Year
(a) True
(b) False
Lesson 13 page 50

PART C
MATCHING: Each question will contain 2 columns with 4 parts. Match the corresponding number to the letter and write in the answer area below each question.

<table>
<thead>
<tr>
<th>Question Type:</th>
<th># of Questions:</th>
<th>Points:</th>
<th>SECTION TOTAL:</th>
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<tr>
<td>Matching</td>
<td>5</td>
<td>2</td>
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</table>

36. Match the Following

<table>
<thead>
<tr>
<th>Holy Day(s)</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Shunoyo</td>
<td>a) Baptism of Christ</td>
</tr>
<tr>
<td>2) Denaha</td>
<td>b) Christmas/Birth of Christ</td>
</tr>
<tr>
<td>3) Eldho</td>
<td>c) Easter</td>
</tr>
<tr>
<td>4) Kyemtha</td>
<td>d) St. Mary’s Death</td>
</tr>
</tbody>
</table>

ANSWER (write the letter beside the number)
(1) _______ d _______
(2) _______ a _______
(3) _______ b _______
(4) _______ c _______

Study guide

37. Match the Following

<table>
<thead>
<tr>
<th>Syriac</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Amen</td>
<td>a) Bless me O Lord</td>
</tr>
<tr>
<td>2) Kurielaison</td>
<td>b) Lord</td>
</tr>
<tr>
<td>3) Barekmore</td>
<td>c) So be it (same with)</td>
</tr>
<tr>
<td>4) Morio</td>
<td>d) O Lord have mercy</td>
</tr>
</tbody>
</table>

ANSWER (write the letter beside the number)
(1) _______ c _______
(2) _______ d _______
(3) _______ a _______
(4) _______ b _______

Study guide

38. Match the Following

<table>
<thead>
<tr>
<th>Person</th>
<th>Worldly Contribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Pope Pius IX</td>
<td>a) Author of Imitation of Christ</td>
</tr>
<tr>
<td>2. Gamaliel</td>
<td>b) Encouraged the people to live pious lives</td>
</tr>
<tr>
<td>3. Thomas E. Kempis</td>
<td>c) Creator of the Modern Papacy</td>
</tr>
<tr>
<td>4. Ezekial</td>
<td>d) Teacher of St. Paul</td>
</tr>
</tbody>
</table>

ANSWER (write the letter beside the number)

(1) _______ c _______
Lessons 3, 7, 24, 26

39. Match the Following

1. Priest: Let us praise the Lord with fear
   2. AD 30-70
   3. Priest: Answer me O Lord
      (invokes the Holy Spirit)
   4. AD 70-110

   a) ‘The Apostolic Disciples Period’
   b) Response: Kurielaison (3 times)
   c) ‘The Apostolic Period’
   d) Response: It is right and just to do so

   ANSWER (write the letter beside the number)
   (1) ______ d ______
   (2) ______ c ______
   (3) ______ b ______
   (4) ______ a ______

Study Guide & Lessons 22

40. Match the Following

   Monastic Order | Characteristic
   1. Benedict     | a) Renunciation, silence, labor & rejection of private property
   2. Dominican    | b) Recited Psalms and read the scripture
   3. Augustinian  | c) Ordinary people’s movement, emphasized learning
   4. Franciscan   | d) Lived like birds in the sky, depend only on the Lord

   ANSWER (write the letter beside the number)
   (1) ______ b ______
   (2) ______ c ______
   (3) ______ a ______
   (4) ______ d ______

Lesson 23
PART D

SHORT ANSWER: Please select 5 of the questions from 41 thru 47 and answer in brief complete sentences. Please use the blank pages provided to answer the questions.

<table>
<thead>
<tr>
<th>Question Type:</th>
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<th>Points:</th>
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<tbody>
<tr>
<td>Short Answer</td>
<td>5</td>
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</table>

   a. Old Testament: Pentecost is celebrated 50 days after the Passover. It is celebrated either end of May or beginning of June. Other names are ‘Feast of Weeks’ (Exodus 34:22) ’Feast of Ingathering (Exodus 34:22) and ‘Harvest Festival’ (Exodus 23:16). Pentecost was an occasion of happiness celebration and praises. Special offerings were done that day. (Leviticus 23:18). For the meal offering leavened bread with fresh flour was used. (Leviticus23:15-21).
   b. New Testament: The Holy Spirit came on the disciples on Pentecost 3000 people became Christians it is a harvest festival for the New Testament church. On the day of Pentecost all the believers had gathered in one place. Suddenly there was a noise from the sky, which sounded like a strong wind blowing, and it filled the whole house where they were sitting. Then they saw what looked like tongues of fire, which touched each person there. They were filled with the Holy Spirit and began to talk in other languages, as the Spirit enabled them to speak. This was the first stage in the growth of the early church.

   Lesson 12 & 15

42. Write 3 descriptions of the Holy Spirit from the Bible

   The Holy Spirit is eternal - Hebrews 9:14
   The Holy Spirit is everywhere – Psalms 139: 7
   The Holy Spirit knows everything – 1 Corinthians 2: 10 and is powerful – Luke 1: 35, Romans 15: 19
   The Holy Spirit is glorious - 1 Peter 4: 14
   The Holy Spirit is creator – Genesis 1: 26-27
   The Holy Spirit is the Lord of being born again - John 3: 6-7
   The Holy Spirit is the controller of prophetic messages - 2 Peter 1: 20-21
   The Holy Spirit decides the place where the gospel should be preached – Acts 16: 6
   The Holy Spirit helps - 2 Corinthians 1:3
   The Holy Spirit gives life to everything - Romans 8:11
The Holy Spirit enlightens the world about sin, righteousness and judgment - John 16:8
The Holy Spirit lives with righteous people - John 14: 17
The Holy Spirit lives in the church and in the bodies of holy people - 1 Corinthians 3:16, 6:19
The Holy Spirit has given priests the authority to forgive sins - John 20:22

Lesson 21

43. Which are the orthodox churches that have the same faith with the Syrian Orthodox Church?

Coptic Orthodox, Armenian Orthodox and Abyssinian Orthodox (Ethiopian).
All these churches have the same faith and liturgy.

Lesson 33

44. Why is Mary called a good example of New Testament Spirituality?

Through the Holy Spirit St. Mary was able to participate in the incarnation of God due to her purity of life and total submission to God from her childhood. The greatest feature of St. Mary was her ability and humility to absorb God’s messages and keep them in her heart. In accordance with her spirituality she absorbed the messages of the angel and the privilege to bear Jesus Christ. The New Testament spirituality the experiencing of God and participation in his incarnation.

Lesson 30 page 102

45. According to the New Testament the faithful have to offer spiritual sacrifices. List 3 of them and describe in one or two sentences.

The faithful should offer:
Their bodies (Romans12:1)
People who repented because of them. (Romans15:15- 16)
Prayers and thanksgiving (Hebrews13:15)
Good deeds. (Hebrew13:16)
Offerings (Philippians4:18)
Faith and service (Philippians 2:17)

Lesson 11

46. Antioch has an important place in the history of the church. List 3 of them.

Syrian Orthodox Church is under the throne of Antioch. Of all the Patriarch thrones organized at the Nicea council (Antioch, Alexandria and Rome) the throne of Antioch is the most ancient. It is important to note that the followers of Jesus Christ were called
Christians for the first time in Antioch. Also it was at Antioch that St. Peter established his apostolic throne.

In the early centuries of the Christian Era, Antioch had a very important place. Antioch was the third biggest town of the Roman empire. According to E.S.Burchiar in his book about the history of Antioch, in the 4th century 5 lakhs of people lived in 1 lakh houses in a radius of 15 miles. Antioch in the 4th century was much bigger than many of the modern Indian cities today.

Antioch was the center of Greek culture and learning. It was famous as a center of trade also. Prominent countries of that time like Greece, Egypt and Syria had trade relationships with Antioch. Since traders from various parts of the world visited Antioch, travel and communications with other parts of the world was easy from Antioch. All these must have prompted St. Peter to establish his throne at Antioch.

From B.C.300 when Emperor Seluchus Nicater established Antioch till the 6th century when Persia conquered it, Antioch remained famous. When the great Emperor Constantinople became Christian, he built a beautiful church in Antioch. Many Emperors after him followed the tradition. Also the rich Christians of that time built many churches. So till the Persians and Arabs destroyed it, Antioch continued to be the center of Christian culture.

Lesson 34

47. Compare the Jewish Church to the Christian Church.

The Jewish church which was the shadow of the Christian church, according to the instructions from God, the temple which Solomon built is the model of all the present churches. Like the temple, our churches also have courtyard, Holy Place and Most Holy Place. The canter is similar to the golden incense burner of old times. At the most holy place i.e. madbaha, instead of Aaron's budded rod is the cross, the Qurbana which is in essence the manna, as completion of laws the Bible and brightly burning lamps signifying the cherubim. Old Testament sacrifice was conducted in the Holy Place but the New Testament one is conducted in the Holiest of Holy place. Madbaha means place of sacrifice.

Gods blessed presence was always there in between the cherubim at the ark of covenant .In the same way, in a church built in the name of a blessed person and anointed with mooron and consecrated by the rightly ordained bishop with apostolic succession, God’s divine presence will always be there. Instead of the lamp stand with seven branches in our church there are the seven sacraments which shine divine light. All the believers spread the light from Jesus. From the verse “I am the light of the world and let your light be shown in front of others”, it is understood that Jesus is the main trunk of the lamp stand and the believers are the branches. If any branch is away from Christ it cannot produce good result and cannot shine.

In place of the table where bread was kept in tabernacle, there is the ‘thronos’in our church and instead of the basin for purification the stone basin for baptism. After baptism one becomes God’s child. In Jerusalem temple only the priests had the right to eat the bread. Since priestly status is given to everyone in church, we have the right to eat the bread and to enter the holy place (1Peter2:9)

Lesson 10
Part E

**PRAYERS:** Write the following prayer below, you may write it in English, Manglish or Malayalam.

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Prayer</td>
<td>1</td>
<td>10</td>
<td>10</td>
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48. Write the first 10 stanzas from the Hymn of St. Ephrem, the Syrian in English, Manglish or Malayalam. (Each stanza is 4 lines)

**Hymn of Ephrem, the Syrian**

- Lord have mercy upon us
- Kindly accept our prayers
- Grant us mercy, redemption
- From Thy treasury above.

- Let me Lord, before Thee stand,
- Wakeful my watch I'd keep,
- Should I fall to slumber's hand,
- Guard me from my sinful sleep.

- If I do wrong while awake
- Mercifully absolve me;
- If I err in my sleep
- In mercy, grant redemption.

- By Thy cross of submission
- Grant me, Lord, a restful sleep,
- Forbid vain and evil dreams
- O my Lord, from Thy servant.

- Through the night conduct me, Lord,
- Peaceful sleep give Thou to me,
- Wroth and foul thoughts O Lord
- May not govern me at all.

- O Lord, Thy servant I am
- Guard my body while I sleep
Keep Thy bright angel's guard
O my Lord, by my side.

Christ Thy life-abiding
Holy body that I ate
Keep away from my heart
Evil desires that destroy.

While I sleep in this night
May Thy holy blood guard me
Be Thou always redeemer
For I am Thine image.

Thy hand shaped me, O Lord
Shadow me with Thy right hand;
Let Thy mercy be a fortress
Shielding me—all around.

While my body silent lies,
May Thy power keep vigil;
Let my sleep in Thy presence
Be like the rising incense.

PART F

ESSAYS: Write an essay on one of the topics below. Points will be awarded based on the facts from the book as well for proper introduction, body and conclusion.

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Essay</td>
<td>1</td>
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<td>10</td>
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</table>

49. God gives salvation only to those who deserve it. So what shall we do to make ourselves eligible for salvation?

God gives salvation only to those who deserve it. So what shall we do to make ourselves eligible for salvation?

1) Through Holy baptism

Through the holy baptism we are granted the right to be God’s children. All the sins are washed away through Baptism. Baptism is done with water and spirit. Matthew 28:19 says, "Go then to peoples everywhere and make them my disciples: baptize them in the name of the Father, the Son and the Holy
Spirit." Acts 2: 38 says that sins are forgiven and the gift of the Holy Spirit is granted through baptism.

2) Through strong faith
Acts 16:31 says, "believe in the Lord Jesus, and you will be saved - you and your family." All those who believe that Jesus Christ is the Son of God, that He shed his blood on the cross to save us from the slavery of Satan to grant us the right to salvation, that he died and was resurrected and is sitting on the right hand of God the Father, that he will come again at the time designated by God the father, and will redeem us, will be saved. "If you confess that Jesus is Lord and believe that God raised him from death, you will be saved." (Romans 10: 9)

3) By living a life pleasing to God, obeying His laws.
"For the Son of Man is about to come in the glory of his father with his angels, and then he will reward each one according to his deeds." (Matthew 16:21).

In Matthew 1: 21-22 we read about the advice Jesus Christ gives a man about the things one must do to receive eternal life.

4) Through the holy sacrament of Qurbana we live in Christ and Christ lives in us.
In 1 Corinthians 10:16 we read, "The cup we use in the Lord’s Supper and for which we give thanks to God: when we drink from it, we are sharing in the blood of Christ. And the bread we break: when we eat it, we are sharing in the body of Christ. Because there is the one loaf of bread, all of us, though many, are one body, for we all share the same loaf." Luke 22: 17-21 clearly states that in the Holy Qurbana, the bread and wine are the body and blood of Christ. Participating in the holy sacrament of Qurbana makes us eligible for salvation. Read John 6: 53-54: "I am telling you the truth; if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in yourselves. Those who eat my flesh and drink my blood have eternal life, and I will raise them to life on the last day."

The thief who was crucified along with Jesus on his right side was taken to paradise due to his deep faith. Jesus gifted salvation to him. All those who receive salvation will live in heaven with all heavenly comforts.

Lesson 19

50. What are the teachings of Christ at the Sermon on the Mount and how can you apply these teachings to your daily life?
On Mount Sinai, Moses received the Ten Commandments from God and gave it to the people. From a mountainside, Jesus Christ uttered words of wisdom, which is called the Sermon on the Mount.
The Sermon on the Mount is a summary of all the teachings of Jesus Christ. The moral and ethical Christian life is pictured here. Theologians, philosophers and other great people have seen, accepted and praised the goodness of these teachings. Important persons like Abraham Lincoln, Tolstoy, Martin Luther King and Mother Teresa absorbed the greatness of these teachings and showed its goodness in their own lives. The Sermon on the Mount also influenced people like Swami Vivekananda and Mahatma Gandhi. The moral and ethical responsibilities of Christian life are detailed in the Sermon on the Mount. We can make it practical in our own life only if we are close to our comforting God. It touches the conscious, subconscious levels and all other important aspects of life. Like Apostle Paul said, "Its no longer
me but Christ living in me", it is the new vision of a Christian who is born again in Jesus Christ.

Jesus gave importance not to the enforcement of laws and rituals but for good deeds and the attitude behind it. The Pharisee appreciated this Christian viewpoint and called Him "good teacher".

Contents of the Sermon on the Mount (Matthew 5: 1-7, 7:29)
- Who are the blessed (5:1-12)
- Role of the disciples (5:13-16)
- New laws that are the fulfillment of the old ones (5:17-48)
- New dimensions to old rituals (6:1-18)
- Path towards purity (6:19, 7:29)

Lesson 14


1. Old Testament inner spirituality is experiencing God and the total metamorphosis of man. Throughout the Old Testament, there are incidents where God takes the upper hand to communicate with man, gives them missions to be fulfilled and to be united with man. Moses is the father of the Old Testament spirituality. God calls Moses (Exodus 3:1-10). Moses’ rebellion to god’s call (Exodus 3:11) God’s promise that he is powerful. Moses’ submission (Exodus 3:12) When Moses was in god’s presence, he was transformed and that reflected on his face. The same happened to Israelites and prophet Elijah on mount Sinai. (1 king 19:1-21) The fear of god is the central point of Old Testament spirituality. This fear doesn’t keep man away from God, but the fear that leads to complete submission and trust in God.

2. NEW TESTAMENT INNER SPIRITUALITY
The New Testament inner spirituality is related to experiencing god and participating in the mystery of incarnation of God. This fact we can understand from the life of apostle Paul. The incident in the life of Apostle Paul at the gates of Damascus is the turning point in his conversion. (Act 9:3-9, 22:6-10, 26:12-16)
Apostle Paul rightly knew the importance of incarnation of Jesus Christ. By experiencing God he could rightly understand the depths of that mystery. This is reflected in many of his epistles. Romans 8-26-30 is a proof of that. St. Mary is also a good example of New Testament spirituality. She was able to participate in the incarnation of God due to her purity of life and total submission to God from her childhood. In accordance to her spirituality she absorbed the messages of the angel and the privilege to bear Jesus Christ.

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