

Pastoral Counseling / Emotional Support Initiative during the COVID-19 Pandemic

Mission Statement:

The Pastoral Counseling and Emotional support initiative under the Malankara Archdiocesan Clergy Council seeks to minister, and provide short term counseling to adherents of the Syriac Orthodox faith, needing spiritual guidance through available respected Clergy from across the Archdiocese.

Disclaimer: The Clergy of the Malankara Archdiocese of the Syrian Orthodox Church in North America ("MASOC") offers spiritual and scriptural based counseling as an exercise of their Christian religious ministry and the sessions are meant for a short term, during the COVID -19 pandemic. Professional Psychiatric or Psychological counseling is not intended or offered by any clergy under the auspices of the MASOC or any organ of the MASOC. Persons availing spiritual counseling services should continue to seek and employ their own licensed mental health or substance use disorder professionals for their behavioral health needs, if any. Any spiritual counseling offered by Clergy associated with the MASOC is the sole, voluntary undertaking of the individual spiritual counselor, and is not in any way guaranteed or warranted by the MASOC.

Please contact any of the following Clergy as needed (*please scroll down*):



Very Rev. Abraham O. Kadavil Corepiscopus

(443) 472-0729 (Cell) Email: Akadavil@hotmail.com

Ordained Ministry: 59 years

Education: G.Th - Theological College, Jabalpur B.D. - Serampore College

Certificate: University of Geneva, Switzerland Diploma: St. Augustines College,

Canterbury, England. MTh. Colgate Divinity School, Rochester, USA CPE:

Advanced & Supervisory Training Certificate: Pastoral Counseling Work

Experience: Missionary work among lower caste Christians Representative:

Church World Relief Chaplain: University of Braunschweig, Germany; Baptist Hospital, Winston Salem, NC

Vanderbilt University Hospital. Nashville, Tennessee Psychiatric Hospital, Baltimore, Maryland Counseling:

Pastoral Counseling Services of Maryland. 38 years. Fellow: American Association of Pastoral Counselors

Acting Supervisor: Association of Clinical Pastoral Education; General Secretary of MGOCSM for 3 years and

Founder of Orthodox Student Center, Kottayam, Kerala (When the Church in India was United) Malankara

Archdiocesan Secretary: Three Terms Clergy Secretary for a total of 9 years.



Rev. Fr. V. V. Paulose

(416) 505-0107 (Home) Email: vvpaulose@hotmail.com

M.A Economics – Nirmala College

M.Ed Education – Annamala University

B.L. Bachelors of Law – Madras Law College and enrolled as lawyer of High Court of Madras and Pondicherry

M.SW – Martin Luther Christian University

Certificate in Spiritual Care - Center for Addiction and Mental Hospital (Toronto)

M.Phil in Medical Psychiatry

Certificate in Special Education – Ontario College of Education – Toronto University

IESW – Internally educated Social Worker, Ryerson University, Toronto

Vicar of Jerusalem Martha Mariam Syriac Orthodox Church, Toronto, Canada. Registered social worker in Toronto, Canada. 6.5 years work experience in Centre for Addiction and Mental health Hospital- Toronto . Founder and coordinator of St. Thomas home for the aged destitute, St. Mary's Mission Hospital and Abhyam, a Palliative Care Center in Chennai. Chaplain (5 years) of Dr. Cherian's Heart hospital -Frontier Life Line Hospital Chennai. Teacher (Economics) 27 years in St. Mary's Higher Secondary School Chennai. Ready to listen to people with respect, empathy, kindness, prayers, patience, and confidentiality.



Rev. Fr. Zach Varghese, MD, MPH

832-274-5831-cell - email: frzach@stthomastexas.org

Ordained sub-deacon in Dec 1996. Full Deacon in March 2010 and Priest May 2012. Monastic experience - Mor Augen Dayro, Arth, Switzerland, 2000. B.A. (Biology and Philosophy) - Austin College, Sherman, Texas

M.D. and Masters in Public Health (MPH) - University of Texas Health Science Center, Houston. Residency - Austin Medical Program (now UT Dell Medical Center, Austin), completed internship in Psychiatry.

Subsequently pursued Health Informatics and now teaching as affiliate faculty at UT Austin McCombs School of Business Health Informatics Program and co-founded an growing IT firm.



Rev. Dr. Baiju Varghese, M.A, BCS, PhD.

(587) 710-2867 (Cell) baijuadimali@gmail.com

Diploma in Counseling (Canada)

Provide a safe, confidential and private environment to share and relieve your stress and find solutions. Spiritual and personal growth. Marital problems and family violence. Alcohol and drug related problems.



Rev. Fr. Thomas Kora Pulpparayil

(303) 596-6365 (Cell) - email: thomaspkora@gmail.com

Rev. Fr. Thomas Kora Pulpparayil, fondly known as Saji-Achan is the Vicar of St Mary's Syriac Orthodox Church, San Francisco, CA. The hardships of my family in my childhood ages, greatly influenced my ministry today. I empathize and understand the needs of people who are in need of emotional and spiritual support.

Formal Education and Clinical Pastoral Ministry:

I obtained my Bachelor of Science degree from the University of Madras in 1998 and Master of Divinity degree from St. John Vianney Theological Seminary, Denver, CO, in 2010. I also received Clinical Pastoral Education (CPE) from Bay Area Center for CPE at St. Mary's Medical Center, San Francisco, in 2012. Apart from my services to the Holy Church, I use my God-given talents to benefit society at large. I serve as a Chaplain at two prominent hospitals in the Bay Area – Stanford Medical Center, Stanford, and California Medical Center (CPMC), San Francisco – giving spiritual, emotional, and counseling support to patients, family members, and staff.



Rev. Fr. Martin Babu

713-304-0717 (Cell) email:deaconmartin@gmail.com

16 years of ordained ministry (10 years as deacon, 5.5 years as priest), Currently Assistant Vicar of St. Mary's Carrollton, TX. Served as youth advisor for Southern, Southeast regions.

Education: Bachelors in Psychology (focus on child, adolescents), M.Div

Professional: Working as hospital chaplain for 6 years (1 year residency, 5 years as staff)



Rev.. Fr. Renjan Mathew, PhD.

469-585-5393 (Cell) - email: renjmat@gmail.com

Currently serving as the Assistant Vicar at St. Ignatious Cathedral, Dallas, TX and a Neuropsychologist and licensed Clinical Psychologist by profession.



Rev. Fr. Anish Skariya

847-302-3972 (Cell) - email: Askariya@yahoo.com

Board Certified Chaplain

Experience 10 years



Rev. Fr. Mathai Varkey Puthukkunnathu

678-628-5901 (cell) email: Padhiri@gmail.com

40 years of ordained ministry; 30 years of Priesthood, served at several Parishes. Currently serving as the Vicar of St. Mary's JSO Church, White Plains, NY.

I love my Lord and within my limits, attempt to extend Divine Providence to others.

Work experience in teaching, social services, and in behavioral health (Mental Health and Substance Abuse).

Education: Theological Seminary at Malecruz Dayara. Masters Degrees in English Language and Literature, and in Community Counseling.

Licensed Professional Counselor (LPC in NJ & GA) and National Certified Counselor (NCC).